



Small Group Discussion Guide

July 15, 2018

Sermon Title:

"Keeping Sunday Special"

Sermon Text: Genesis 2:1,2

Scripture Reading: Mark 3:1-6

Leader: *Please allow a moment for introductions/visiting. Have someone offer a brief prayer inviting God to speak and lead using the group's discussion.*

Getting Started: Do you or your family have any specific Sunday routines or practices? Share them with the group.

Discussion:

1. What is Sunday to you? Is it a holy day? What do you do to try to keep it that way? Why is that important to you?
2. Sunday is not the original Sabbath. What day of the week was the original Sabbath? What day of the week is Sunday? Have you come to realize that it IS NOT a part of the "weekend?" Does this matter, and how can we use this fact in our Christian witness?
3. Notice the difference between the Sabbath and every other of the first six days. Unlike the others, the Sabbath IS NOT divided into morning and evening. This might possibly be for the purpose of our understanding that the Sabbath did not end. It is continuing.
4. The Pastor mentioned three things to be mindful of the help keep Sunday special. Consider these as you review your Sunday activities:
 - **Necessary Rest.** GOD was not tired when He rested. He was giving us an example. Recognizing that rest looks different for all people, what is your best way of resting? (Active or Passive?) Remember, not only our bodies need rest, but our minds too!
 - **Minimal Work.** Even in Jesus' mind, there were occasions when effort and activity was necessary (and good) on the Sabbath (Read these references: **Mark 2:23,24 Mark 2:27, Luke 14:5**) Be thankful for those public servants who work on Sunday that our jobs and lives would be better.
 - **Authentic Worship.** Sunday is special because the Body of Christ meets for worship. While we meet in small groups throughout the week, there is something special about meeting on "The Lord's Day" (Named so because of Jesus' resurrection) (Reference: **John 20:1, Acts 20:7, Revelation 1:10**)

Closing: Close by sharing prayer requests. Pray for each another and for the needs that were shared. **Have a blessed week. GO SHARE JESUS!**