



Small Group Discussion Guide

April 30, 2017

Sermon Title:

“3 Keys for a Healthy Marriage: Sex”

Sermon Text: *Genesis 1:24-27; 2:19-25*

Scripture Reading: *Proverbs 6:20-29*

Leader: *Please allow a moment for introductions/visiting, and then have someone offer a brief prayer for God to meet with your group.*

Getting Started: Do you remember your first “boyfriend” or “girlfriend”? Who was it? How old were you? Are you still in contact with them or know anything about them?

Discussion:

1. Have you ever been a part of a formal sex education class or lecture? (As a young boy, the Pastor experienced a one-hour presentation by the School Principle in the 5th grade. It was very awkward because he was very uncomfortable giving it! Then there was the standard film in P.E./Health class in the 7th grade. Also rather ambiguous.)
2. Have you ever heard the subject of sex preached about as the major subject of a sermon- not just a passing mention? What were your feelings about it? (Please note: the Pastor’s intentions in preaching this sermon was to strengthen good marriages and save struggling ones with regard to the subject of sexual relations within the context of Christian marriage.) Would you like to hear more?
3. Do you think God was speaking of the human body when he stated the truth in **Genesis 1:31?** (Read and discuss.) (**Also reference: Ecclesiastes 3:11**)
4. If you are married, did you have any pre-marital counseling with your Pastor regarding sex? Did you have any conversation with ANYONE ?... i.e. Parents, Doctor, Pastor?
5. Where did you get your first exposure to sex? Was it from other peers? Locker room talk? Girlfriend talk? How old were you?
6. God intends sex to be a uniting of the bodies AND the persons. (**Reference Genesis 2:24 and 1 Corinthians 6:16**) Therefore, what is the danger (and sin) of prostitution?
7. **Read 1 Corinthians 7:1-5.** Follow the points the Pastor made in his sermon”
 - *Marriage is designed to contain our God-given sex drive. (A warning: **Proverbs 5:1-19**)
 - *God’s plan for marriage provides for a balanced and fulfilling sexual relationship.
 - *God wants sex to be consistently given; not withheld as an act of manipulation or simply neglected. (**Reference: 1 Corinthians 7:5**)
 - *Healthy sex in marriage helps us resist Satan’s temptations. (**Reference: 1 Cor. 7:5b**)
8. Yada”... the Hebrew verb for “know” means to “know a woman sexually. (**Gen. 4:1 KJV**) Therefore the phrase “yada, yada, yada” takes on a whole new context- doesn’t it? ☺ We are to “know” our spouses and “be known” by them.... Physically and emotionally!

Closing: Close by praying for each other. Go **SHARE JESUS . . . in Service!**